

Globalization in Japanese Psychiatric and Mental Health Fields -Considering Globalism through Three Clinical Cases-

Yu ABE, Aya YUASA
Meijigakuin University, Department of Psychology (Tokyo, Japan)

We analyzed and considered globalism in Japanese psychiatric and mental health services. Although this topic has been deeply studied and considered in many European and North American countries, the multiculturalism in mental health field is still minor in Japan. It is because we have less than 2% of foreign people in Japan, as well as historically Japanese government had not accepted many immigrants.

We analyzed the data of Japanese descendant Latin American patients who visited to a multicultural psychiatric clinic located in Tokyo, and categorized into three types, 1) mental disorders of the first generation immigrants, 2) the second generation immigrants with both self-identity and cultural identity problems, and 3) children of the second generation immigrants before establishing self-identity. We indicated three clinical cases and suggested the importance of betterment for multicultural psychiatric and mental health services, the “globalization” of the field in Japan.